

Health Services in Your Community

Northampton Kalbarri Health Service

Kalbarri Health Centre

Kaiber Street, Kalbarri
Phone: 08 9937 0100
Fax: 08 9937 0105

Visiting Hours

8.00am – 8.00pm

**24 hour Emergency
Service: 9937 0100**

Ambulance: 000

The current Kalbarri Health Centre celebrated eight years of existence in March 2006. The Multi Purpose Centre is the second in the state and has proven an ideal model for smaller rural communities, accommodating all health care providers in the one place. Until June 1995 it was under the management of Silver Chain. In July 1995 it became the Northampton Kalbarri Health Service as a Multi Purpose Service (MPS), continuing under the management of a Board, until regionalisation in July 2002.

Northampton Kalbarri Health Service is one of the initial three MPS in WA. It consists of two sites, which service the entire Northampton Shire (Northampton Hospital and Kalbarri Health Centre). The Northampton Kalbarri Health Service is part of the WA Country Health Service - Midwest Murchison region, under the management of a Regional Director.

Northampton Kalbarri Health Service provides services aimed to treat emergencies, prevent illness, promote health, support individuals/families in their homes, reduce the impact of disease or trauma, and to maintain independence and quality of life.

Acute and Emergency Care

Acute Care is located within the main building of the Kalbarri Health Centre (MPS) and incorporates a 24-hour Accident and Emergency facility and several short term stay acute beds. Beds are also available for Respite Care, Palliative Care and Post Natal Care.

Available: 24hrs a day

Contact: 9937 0100

Patient Assisted Travel Scheme (PATS)

PATS is available to provide assistance to people living in the country who are required to travel more than 100kms (one way) to obtain the nearest available specialist or obstetric treatment not available locally or from a visiting service.

Available Monday to Friday, 9am - 3pm

Contact: 9937 0100

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Community Care

Community Care support incorporates practical and flexible services to assist members of the community, particularly frail older people, people with disabilities and their carers to maintain independence and a quality of life within their home. Services include:

Community Care Nursing: home based visiting service, which provides a wide range of nursing and palliative care, education and ongoing support, monitoring and assistance for chronic, terminal, and unstable conditions.

Community Care Services:

- **Home Care:** assistance with tasks such as personal care, cleaning and food preparation along with assistance in attending appointments, banking, shopping etc.
- **Home Maintenance:** routine maintenance and repair services such as installation of safety aids, minor modifications inside and outside the home and repairs to locks, doors and windows.
- **Meals on Wheels:** provide a home delivered hot/cold meal and sweet at lunch time to eligible clients unable to maintain adequate nutritional intake.
- **Social Support:** is for 'transport disadvantaged' residents and enables them to utilise the community bus to access shopping, appointments and trips.

Day Centre Service: this service provides support to older adults who are socially isolated due to disability, dementia or loneliness etc. It offers a varied range of activities, which are meaningful, relevant, and age appropriate in a friendly and comfortable environment, and provides the opportunity for clients to socialise with persons of a similar age and circumstances.

Aged Care Facilities: Aged Care support is available in several forms. Assistance is available to assist people wishing to stay in their homes through the Community Care Services. If an aged or disabled person is unable to stay in their home, 'Brookview' Residential Facility is available at Northampton.

Respite Care: Day and longer term services are available providing an alternative option to members of the community who require care and emergency or planned leave for their carers.

Palliative Care: A service is provided assisting individuals and families affected by terminal illness in either their home or at the Centre.

For more information contact: **Community Care Coordinator**

9937 0122

Population Health

The staff of Population Health can assist you to make healthy choices and prevent illnesses. Community Nurses, Health Promotion professionals and Allied Health practitioners are all part of the Population Health team and can provide information about a range of health issues.

Community Health: This area encapsulates a large portion of the programs and services provided for the general community, which aim to provide health education, awareness raising, and assistance. Community Health services include chronic disease management, child & maternal health services, immunisation, parenting support & education, school health screening, education & support, and womens' and mens' health education & support.

Immunisation Clinic: Wednesdays

Contact: 9937 0100

Population Health

Allied Health: Support is available from on-site and visiting professionals. General multidisciplinary services may be provided on a one to one basis or within a number of different programs. Allied Health services include:

Ante Natal: A service provided to pregnant women and their partners to assist them with their preparations for the arrival of their new baby, including the birth process and what to expect once the baby is born.

Asthma Educator: An Asthma Educator is available for education and assistance with managing Asthma and other respiratory complaints including the use of inhaled medications and Asthma first aid.

Dietitian: The staff of the Nutrition and Dietetic Department are available to provide assessment and treatment for a range of dietary conditions. The Dietitian will provide education and support for those requiring treatment for cardiac rehabilitation, Diabetes education, stroke rehabilitation, and eating disorders.

Occupational Therapy: Therapists work with children and adults to overcome limitations caused by injury or illness, psychological or emotional difficulties, developmental delay, or the effects of aging. Support can include direct therapy intervention referral to different agencies, environmental assessments and provision of supportive equipment.

Physiotherapy: Consultations are available for any age group. Physiotherapists provide assessment and treatment for a variety of complaints, disorders or delays. Physiotherapists also provide group education for Injury Prevention, Health Promotion, Growth and Development, School Education – back care, school bag weights, sports injury.

Podiatry: Podiatry is a specialised field dealing with foot health and care. This service is especially beneficial to those with Diabetes, age related complications, and children.

Social Work: Social Workers are available to assist you and your family; they can offer counselling, referral to services, help with assessing resources and liaison with other agencies on your behalf.

Speech Pathology: Speech Pathologists are available to provide assessment and treatment of swallowing or communication difficulties.

For more information contact the Health Centre: 9937 0100

Health Promotion: Staff work in the promotion of good health and the prevention of diseases. They work with many different groups and communities to assist people in making healthy choices in order to increase control over or improve their health. Our Community Health Nurses play a large role in the promotion of health.

For information about healthy lifestyles, including nutrition, physical activity, smoking, injury prevention, sexual health and chronic disease, please contact:

**Population Health Directorate 9956 1965
Or Kalbarri Health Centre 9937 0100**

Visiting Health Services

Central West Mental Health Service: Central West Mental Health Service provides confidential assessment, treatment and management of all major mental health illnesses. Supportive counselling, therapeutic interventions and liaison and consultation with other services and agencies are offered. The Child and Adolescent Mental Health Team specialises with children and their families.

Contact Central West Mental Health Service: 9956 1999

Midwest Community Drug Service Team: A visiting service is available on an as-needs basis offering support, advice and education on drug and alcohol issues for individuals, families and groups.

Contact Midwest Community Drug Service Team: 9956 2424

Other Health Related Providers

Centacare Counselling: A large range of counselling services is provided on an as needed basis, by Centacare Services 9921 1433
9937 0100

Continance & Enuresis Clinic: An Advisor holds monthly clinics to provide assessment, support, education, and management for those in the community with bowel and bladder problems 9937 0100

Dentist: Provides visiting service fortnightly on Thursdays from a suite within the Kalbarri Health Centre 9964 5005

Diabetes Clinic: An educator provides monthly clinics to provide assessment, support, education and management for those with Diabetes 9937 0100

Disability Services Commission: Providing support and advocacy for people with disabilities within the Midwest Region 9964 3455

Doctors Surgery: Hackney Street, Kalbarri 9937 1159

Health Direct: Health Direct is a 24 hour, seven day a week statewide health advice line 1800 022 222

Health Info: Health Info is a health information and resource line. Operators can assist you to identify and contact the health service you need 1300 135 030

Kalbarri Pharmacy: Shop 1, Kalbarri Lane, Grey Street 9937 1026

Mental Health Direct: A 24-hour, seven day a week mental health advice line 1800 220 400

Poisons Information: 131 126

Rural Link: Helping people finding it difficult to cope or in crisis 1800 552 002

St John Ambulance Service: Emergencies 000