

Health Services in Your Community

Murchison District

Meekatharra District Hospital

Savage Street, Meekatharra
Phone: 9981 1005
Fax: 9981 1176

Visiting Hours

10.00am - 12.00pm
2.30pm - 4.30pm
6.00pm - 8.00pm

**24 Hour
Emergency Service**

Phone: 9981 1005

The Murchison Health Service incorporates the provision of services to Meekatharra, Wiluna, Sandstone, Mount Magnet and Cue catchment areas. The Meekatharra District Hospital is the centre of the region and the base for many of these services.

The Murchison Health Service provides services aimed to prevent illness, promote health, support individuals/families in their homes, reduce the impact of disease or trauma, and to maintain independence and quality of life for residential aged care facility residents.

Acute and Emergency Care

Acute Care is located within the main building of the Meekatharra Hospital and incorporates a 24-hour Accident and Emergency facility and 4 acute beds.

Available: 24hrs a day

Contact: 9981 1005

Patient Assisted Travel Scheme (PATS)

PATS is available to provide assistance to people living in the country who are required to travel more than 100kms (one way) to obtain the nearest available specialist or obstetric treatment not available locally or from a visiting service.

The service is also extended to those living between 70 and 100kms from the treatment centre that require regular oncology or dialysis treatment, which is not available locally.

For more information contact:

9981 1005

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Home and Community Care (HACC)

Home and Community Care support incorporates practical and flexible services to assist members of the community, particularly frail older people, people with disabilities and their carers to maintain independence and a quality of life within their home. Services include:

Home and Community Care Nursing: home based visiting service, which provides a wide range of nursing and palliative care, education and ongoing support, monitoring and assistance for chronic and unstable conditions.

Home and Community Care Services:

- **Home Care:** assistance with tasks such as cleaning and food preparation along with assistance in attending appointments, banking, shopping etc.
- **Home Maintenance:** routine maintenance and repairs services such as installation of safety aids, minor modifications inside and outside the home and repairs to locks, doors and windows.
- **Meal on Wheels:** provide a home delivered hot/cold meal and sweet at lunchtime to eligible client unable to maintain adequate nutritional intake.

Adult Day Activity Support Service: this service provides support to older adults who are socially isolated due to disability, dementia or loneliness etc. It offers a varied range of activities, which are meaningful, relevant, and age appropriate in a friendly and comfortable environment, and provides the opportunity for clients to socialise with persons of a similar age and circumstances.

Aged Care Facilities: Aged Care support is available in several forms throughout the Murchison District. Assistance is available to assist people wishing to stay in their homes through the Home and Community Care Services. If an Aged Person is unable to remain in their homes two further options are available. Murchison Home Care is an independent living facility and Nursing Home Type care is available within the Meekatharra District Hospital.

Respite Care: Carer Respite Centres are committed to supporting carers and those for whom they care for in the community. The centres assist in coordinating flexible and innovative respite for carers, which allows carers to take a break from their caring role.

Palliative Care: A service is provided assisting individuals and families affected by terminal illness.

For more information contact: HACC Coordinator

99811126

Primary Health

The staff of Primary Health can assist you to make healthy choices and prevent illnesses. Community Nurses, Health Promotion professionals and Allied Health practitioners are all part of the Primary Health Team and can provide information about a range of health issues.

Community Health: This area encapsulates a large portion of the programs and services provided for the general community, which aim to provide health education, awareness raising, and assistance. Community Health Services include Chronic Disease Management, Child & Maternal Health Services, Immunisation, Parenting support & education, School Health screening, education & support, and Womens' Health education & support.

Immunisation Clinic: Thursdays 2pm - 4pm

Contact: 99811126

Primary Health

Allied Health: Support is available from on-site and visiting professionals. General multidisciplinary services may be provided on a one to one basis or within a number of different programs. Allied Health services include:

Physiotherapy: Consultations are available for any age group. Physiotherapists provide assessment and treatment for a variety of complaints, disorders or delays. Physiotherapists also provide group education for Injury Prevention, Health Promotion, Growth and Development, School Education – back care, school bag weights, and sports injury.

Occupational Therapy: Therapists work with children and adults to overcome limitations caused by injury or illness, psychological or emotional difficulties, developmental delay or the effects of aging. Support can include direct therapy intervention referral to different agencies, environmental assessments and provision of supportive equipment.

Speech Pathology: Speech Pathologists are available to provide assessment and treatment of swallowing or communication difficulties.

Diabetic Educator: A Diabetic Educator is available for education and support of people with Diabetes and Health Professionals in the achievement of effective Diabetes Management.

Audiology: Through full audiological assessments, consultation with Ear Nose and Throat specialists, regular liaison with Speech Pathologists, Community and School Nurses, and referral to the Office of Australian Hearing Services, the Audiologist provides professional assessment and treatment of those with hearing difficulties.

Podiatry: Podiatry is a specialised field dealing with foot health and care. This service is especially beneficial to those with Diabetes, age related complications, and children.

Asthma Educator: An Asthma Educator is available for education and assistance with managing Asthma and other respiratory complaints including the use of inhaled medications, Asthma first aid, and assistance with home oxygen.

Social Work: A Social Worker is available to assist you and your family; through a regular visiting service they can offer counselling, referral to services, help with assessing resources and liaison with other agencies on your behalf.

For more information contact the Hospital: 9981 1005

Health Promotion: Staff work in the promotion of good health and the prevention of diseases. They work with many different groups and communities to assist people in making healthy choices in order to increase control over or improve their health. Our Community Health Nurses play a larger role in the promotion of health.

Murchison Men's Health Group: An education and support group is available to men in the Murchison District, addressing issues identified by local community members. The formulation of this group was made possible by the successful collaboration of local and visiting health and related service providers.

Contact the Primary Health Team 9981 1126
Or Call into the Community Health Centre

Visiting Health Services

Central West Mental Health Service: Central West Mental Health Service provides confidential assessment, treatment and management of all major mental health illnesses. Supportive counselling, therapeutic interventions and liaison and consultation with other services and agencies are offered. The Child and Adolescent Mental Health Teams specialises with children and their families.

Contact Central West Mental Health Service: 99801646

COMPARI: A visiting service is available on an as-needed basis offering support, advice and education on Drug and Alcohol issues for individuals, families and groups.

Contact COMPARI: 99654277

DOCTORS AND SPECIALISTS:

Royal Flying Doctor Service: Daily clinics are available at the hospital 99811005

Geraldton Regional Aboriginal Medical Service (GRAMS):
Visits on a monthly basis 99215588

Physician: A specialist Physician visits Cue four times a year and attendance is by referral only 99631053

Paediatrician: A regular service is visiting from the Country Children's Outreach Services 99811005

Ear Nose & Throat Specialist: A regular visiting service 99811005

Ophthalmologist: A regular visiting eye specialist experienced in acute and chronic eye conditions 99811005

Information and appointments are available by contacting Meekatharra District Hospital 99811005

Other Health Related Providers

Dentist: Available at the Community Health Building on a regular basis 99811170 or 93130555

Disability Services Commission: Providing support and advocacy for people with disabilities within the Murchison Region 99643455

Health Direct: Health Direct is a 24-hour, seven-day-a-week statewide health advice line 1800022222

Health Info: Health Info is a health information and resource line. Operators can assist you to identify and contact the health service you need 1300135030

Pharmacy: Service is available by contacting the hospital 99811005 for next-day supply of medications, or Bluff Point Pharmacy 1800014714

Rural Link: Helping people find it difficult to cope or in crisis 1800552002

Sexual Assault Resource Centre (SARC):
A service providing a larger range of counselling services 1800016789

St John Ambulance Service: Emergencies 000
Or 99811005