

Health Services in Your Community

Mullewa Health Service

Mullewa Health Service

Elder Street, Mullewa
Phone: (08) 9961 6200
Fax: (08) 9961 6250

Visiting Hours

8.30am – 12.00pm
3.00pm – 8.00pm

24 Hour
Emergency Service

Phone: 9961 6200

Mullewa Health Service became a Multi Purpose Service (MPS) in July 2003 thus incorporating the provision of services to Mullewa and Murchison Settlement catchment areas.

The Mullewa Health Service provides services aimed to prevent illness, promote health, support individuals/families in their homes, and reduce the impact of disease or trauma and to maintain independence and quality of life for residential aged care facility residents.

Acute and Emergency Care

Acute Care is located within the main building of the Mullewa Health Service and incorporates a 24-hour Accident and Emergency facility and 4 acute beds.

Available: 24hrs a day

Contact: 9961 6200

Patient Assisted Travel Scheme (PATS)

PATS is available to provide assistance to people living in the country who are required to travel more than 100kms (one way) to obtain the nearest available specialist or obstetric treatment not available locally or from a visiting service.

The service is also extended to those living between 70 and 100kms from the treatment centre that require regular oncology or dialysis treatment, which is not available locally.

Contact Mullewa Health Service:

9961 6200

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Community Care

Community Care support incorporates practical and flexible services to assist members of the community, particularly frail older people, people with disabilities and their carers to maintain independence and a quality of life within their home. Services include:

Community Care Nursing: home based visiting service, which provides a wide range of nursing and palliative care, education and ongoing support, monitoring and assistance for chronic, terminal and unstable conditions.

Community Care Services:

- **Home Care:** assistance with tasks such as cleaning and food preparation along with assistance in attending appointments, banking, shopping etc.
- **Home Maintenance:** routine maintenance and repairs services such as installation of safety aids, minor modifications inside and outside the home and repairs to locks, doors and windows.
- **Meals on Wheels:** provide a home delivered hot/cold meal and sweet at lunchtime to eligible clients unable to maintain adequate nutritional intake.

Adult Day Activity Support Service: this service provides support to older adults who are socially isolated due to disability, dementia or loneliness etc. It offers a varied range of activities, which are meaningful, relevant, and age appropriate in a friendly and comfortable environment, and provides the opportunity for clients to socialise with persons of a similar age and circumstances.

Aged Care Facilities: Aged Care support is available in several forms throughout the Murchison District. Assistance is available to assist people wishing to remain in their home through the Community Care Services. If an Aged Person is unable to remain in their home, Nursing Home Type care is available within the Health Service.

Respite Care: Carer Respite Centres are committed to supporting carers and those for whom they care for in the community. The centres assist in coordinating flexible and innovative respite for carers, which allows carers to take a break from their caring role.

Palliative Care: A service is provided assisting individuals and families affected by terminal illness.

For more information contact: Nurse Manager

9961 6200

Population Health

The staff of Population Health can assist you to make healthy choices and prevent illnesses. Community Nurses, Health Promotion professionals and Allied Health practitioners are all part of the Population Health Team and can provide information about a range of health issues.

Community Health: This area encapsulates a large portion of the programs and services provided for the general community, which aim to provide health education, awareness raising, and assistance. Community Health Services include Chronic Disease Management, Child & Maternal Health Services, Immunisation, Parenting support & education, School Health screening, education and support, and Women's Health education & support.

Immunisation Clinic is available by appointment only

Contact: 9961 6200

Population Health

Allied Health: Support is available from on-site and visiting professionals. General multidisciplinary services may be provided on a one to one basis or within a number of different programs. Allied Health services include:

Asthma Educator: An Asthma Educator is available for education and assistance with managing Asthma and other respiratory complaints including the use of inhaled medications, Asthma first aid, and assistance with home oxygen.

Audiology: Through full audiological assessments, consultation with Ear Nose and Throat Specialists, regular liaison with Speech Pathologists, Community and School Nurses, and referral to the Office of Australian Hearing Services, the Audiologist provides professional assessment and treatment of those with hearing difficulties.

Diabetic Educator: A Diabetic Educator is available for education and support of people with Diabetes and Health Professionals in the achievement of effective Diabetes Management.

Dietitian: The staff of the Nutrition and Dietetic Department are available to provide assessment and treatment for a range of dietary conditions. The Dietitian will provide education and support for those requiring treatment for Cardiac Rehabilitation, Diabetes Education, Stroke Rehabilitation, and eating disorders.

Occupational Therapy: Therapists work with children and adults to overcome limitations caused by injury or illness, psychological or emotional difficulties, developmental delay or the effects of aging. Support can include direct therapy intervention referral to different agencies, environmental assessments and provision of supportive equipment.

Physiotherapy: Consultations are available for any age group. Physiotherapists provide assessment and treatment for a variety of complaints, disorders or delays. Physiotherapists also provide group education for Injury Prevention, Health Promotion, Growth and Development, School Education – back care, school bag weights, and sports injury.

Podiatry: Podiatry is a specialised field dealing with foot health and care. This service is especially beneficial to those with Diabetes, age related complications, and children.

Social Work: Social Workers are available to assist you and your family; they can offer counseling, referral to services, help with assessing resources and liaison with other agencies on your behalf.

Speech Pathology: Speech Pathologists are available to provide assessment and treatment of swallowing or communication difficulties.

For more information contact the Health Service:

9961 6200

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Visiting Health Services

Central West Mental Health Service: Central West Mental Health Service provides confidential assessment, treatment and management of all major mental health illnesses. Supportive counseling, therapeutic interventions and liaison and consultation with other services and agencies are offered. The Child and Adolescent Mental Health Team specialises with children and their families.

Contact Central West Mental Health Service: 9956 1999

Midwest Community Drug Service Team: A visiting service is available on an as-needs basis offering support, advice and education on Drug and Alcohol Issues for individuals, families and groups.

Contact Midwest Community Drug Service Team: 9956 2424

Other Health Related Providers

Centacare Counseling: A large range of counseling services is provided on an as needed basis, by Centacare Services **9921 1433**

Disability Services Commission: Providing support and advocacy for people with disabilities within the Midwest Region **9964 3455**

Doctors Surgery: 9961 1063

Health Direct: Health Direct is a 24, seven day a week statewide health advice line **1800 022 222**

Health Info: Health Info is a health information and resource line. Operators can assist you to identify and contact the health service you need **1300 135 030**

Northern Districts Community Support Group: Provide a counselling service for farmers and farm-related small businesses, and offer support for anything of a financial nature. **9971 1294**

Rural Link: Helping people finding it difficult to cope or in crisis **1800 552 002**

St John Ambulance Service: Emergencies 000